



Transforming wound
and lymphoedema care

Accelerate

A face to face **Masterclass** delivered by
experts in the field of lower limb care

Effective compression therapy for
peripheral oedema in people with
heart failure

16th January 2025

Learning
with
**Accelerate
Academy**



About your Masterclass

At Accelerate, education matters to us – a lot. It is an important part of our work. It enables transformations in local services, improved healing rates and patient experience.

This unique Masterclass will bring together nationally respected experts and clinicians who are keen to learn more about effective compression therapy for peripheral oedema in people with heart failure. The day will be interactive, lively and incorporate plenty of time for discussion.

The Masterclass is suitable for clinicians from all backgrounds who are already confident and competent with the use of compression therapy, but wish to expand their skills and knowledge when the person who requires compression therapy has a diagnosis of heart failure.

Masterclass content

- What is heart failure? An introduction to the different types of heart failure, classification criteria and signs and symptoms
- An overview of heart failure medication and the complexities associated with medication management for this patient group
- Safe compression in stable heart failure, a stepped approach
- A case study based session where our expert panel will share case studies and encourage questions and debate from the audience

This programme can count for up to **5 hours** of participatory learning for revalidation

Dates and times

10:00 - 16:15

Format	Dates
Face to face	16 th January 2025

Location

The Tickled Trout Hotel, New Rd, Preston, Lancashire PR5 0UJ

Junction 31 of the M6 motorway.

Course fee

£225 + VAT (£270) which includes lunch, refreshments and parking.

To book

[Book and pay on-line on our website](#) or email us at education@acceleratecic.com

Contact

The Academy Team at Accelerate

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Programme

Time	Topic	Speaker	Description
10.00 – 10.15	Welcome Introductions Quiz time	Georgina Ritchie	Learners are welcomed to The Accelerate Academy and the aims of the Masterclass
10.15 – 11.15	What is heart failure?	Donna Brown	An introduction to the different types of heart failure, classification criteria and the signs and symptoms
11.15 – 11.30	Refreshments and networking		
11.30 – 12.30	Medication management within the context of swelling	Dr Melanie McLeod, PhD	An overview of heart failure medication and the complexities associated with medication management
12.30 – 1.15	Lunch		
1.15 – 2.30	Safe compression in stable heart failure, a stepped approach	Donna Brown and Dr Melanie McLeod	In this session our expert speakers will take the group through a step-by-step approach to treatment
2.30 – 2.45	Refreshments and networking		
2.45 – 4.00	Case study session with our expert panel	Georgina Ritchie, Donna Brown, Dr Melanie McLeod, Beccy Elwell	Interactive Q&A style panel chaired by Georgina Ritchie where the team will share examples from clinical practice to spark debate and discussion
4.00 – 4.15	Close of the day and evaluations	Georgina Ritchie	



Speaker biographies



Georgina Ritchie, Director of Education, Accelerate (Chair)

Georgina, known as George, brings more than 25 years of clinical and teaching experience.

As an experienced Chair she will ensure learners get the most out of this thought-provoking day which convenes experts from the worlds of compression and heart failure together.



Dr Melanie McCloud PhD, Pharmacist and Independent Prescriber

Melanie has been a pharmacist for more years than she wants to admit, she has been working as an independent prescriber in primary care for the last 14 years.

Melanie is involved in chronic disease management reviews including patients with heart failure and has close links with the community heart failure team.

Melanie will lead a session exploring medication management within the context of swelling and heart failure, bringing her unique perspectives as a pharmacist and independent prescriber. We are pleased to introduce Melanie as part of the Accelerate Academy Associate Educator Team.



Rebecca Elwell, Director of National Clinical Services, Accelerate

Rebecca, known as Beccy, is a well-known and recognised national leader in lymphoedema.

She is passionate and committed to raising awareness of the potential harm caused to this marginalised community of patients by this condition.

Beccy is a Trustee of the British Lymphology Society (BLS) and a member of the BLS scientific committee. We are delighted that Beccy will be part of the expert panel with you on this day.



Donna Brown, Lymphoedema Advanced Nurse

Donna is an established member of the Accelerate Academy Associate Educator Team.

She was instrumental in developing the stepped approach to compression in heart failure within the Accelerate Health's Centre for Excellence and Innovation some years ago.

More recently she has been part of the expert panel developing the Best Practice Statement in effective compression therapy for peripheral oedema in people with heart failure. Donna will lead sessions on what is heart failure and explore this within the context of compression therapy.

