



Accelerate

Transforming wound  
and lymphoedema care

## Learning with **Accelerate Academy**

Summer of skills week in collaboration with



LEEDS BECKETT UNIVERSITY  
SCHOOL OF HEALTH

This  
programme  
can count  
for your  
participatory  
learning for  
revalidation



# About the Summer of skills week

At Accelerate, education matters to us – a lot. It is an important part of our work. It enables transformations in local services, improved healing rates and patient experience.

The effective assessment and management of wounds and lymphoedema requires skills, knowledge and understanding. We firmly believe in the importance of education and the sharing of expertise and experience.

**We're excited to launch our brand new Summer of skills week for 2025 with a fantastic range of face to face Masterclasses and Workshops. You are free to pick and choose which session(s) you attend.**

The Accelerate team are national experts and key opinion leaders who are skilled in the creative and person centred approach to lower limb management. Our people regularly present their work at conferences and events in the wound and lymphoedema management arena and are recognised as innovators and leaders in their field.

This training will align to all guidance from 'The National Wound Care Strategy Programme, Health and care professionals caring for people with leg and foot ulcers work stream' and 'The British Lymphology Society' guidance and the most recent evidence base to underpin clinical practice.

All training is face to face and each course can be attended as a stand-alone day or as a day one in preparation for other courses in the programme.

## Dates, times and cost

Full day courses include lunch

Course	Date	Time	Cost
Assessment of the person presenting with leg ulceration Workshop	Monday 14 July 2025	09:30 - 16:00	£165 + VAT (£198)
Courage to compress Masterclass	Tuesday 15 July 2025	09:30 - 16:00	£165 + VAT (£198)
Introduction to chronic oedema management Workshop	Tuesday 15 July 2025	09:30 - 16:00	£165 + VAT (£198)
Lower limb management Masterclass	Wednesday 16 July 2025	09:30 - 16:00	£250 + VAT (£300)
Foot and toe management Workshop	Thursday 17 July 2025	09:30 - 12:30	£75 + VAT (£90)

## Location

Leeds Beckett University, The School of Health, Portland Building, Woodhouse Lane LS1 3HE

## To reserve your place(s)

[Book and pay on-line](#) or email us at [education@acceleratecic.com](mailto:education@acceleratecic.com)

## Contact

The Academy Team at Accelerate

T 020 3819 6022 | E [education@acceleratecic.com](mailto:education@acceleratecic.com)

[acceleratecic.com](https://www.acceleratecic.com)



# The programme

Date	Time	Course	Educators	Who's it suitable for?	Cost
Monday 14 July 2025	09:30 - 16:00	<p><b>Assessment of the person presenting with leg ulceration Workshop</b></p> <ul style="list-style-type: none"> <li>Perform a holistic assessment of a patient presenting with a lower leg wound, following the approach; assess the person, assess the limb, assess the wound</li> <li>This day will include manual doppler ABPI assessment and interpretation, considering recent NICE Diagnostics guidance [DG52] Published: 24 May 2023</li> </ul>	<ul style="list-style-type: none"> <li><b>Fran Worboys</b> RGN BSc (Hons) DipN DipHS, Consultant Clinical Nurse Specialist in Tissue Viability</li> <li><b>Kate Williams</b>, Associate Director of Wound Care, Accelerate</li> <li><b>Katy Smyth</b>, Academy Teacher, Accelerate CIC and RCN GPN Forum Co-Chair</li> <li><b>Louise Parker</b>, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)</li> </ul>	<ul style="list-style-type: none"> <li>Registered Nurses</li> <li>Nurse Associates working in areas such as General Practice, District and Community, Prisons, Dermatology, Vascular services</li> <li>This list is not exhaustive</li> </ul>	£165 + VAT (£198)



# The programme cont'd

Date	Time	Course	Educators	Who's it suitable for?	Cost
Tuesday 15 July 2025	09:30 - 16:00	<p><b>Courage to compress Masterclass</b></p> <ul style="list-style-type: none"> <li>• Revisit the principles of compression therapy, refining your skills in the different types of compression bandages (inelastic, elastic and mixed systems) hosiery (off the shelf and made to measure) and wraps</li> <li>• Learn more about the National Wound Care Strategy Programmes immediate and necessary care recommendations, exploring early intervention for skin tears, wounds, mild swelling and lymphorrhoea (wet legs)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Fran Worboys</b> RGN BSc (Hons) DipN DipHS, Consultant Clinical Nurse Specialist in Tissue Viability</li> <li>• <b>Katy Smyth</b>, Academy Teacher, Accelerate CIC and RCN GPN Forum Co-Chair</li> <li>• <b>Georgina Ritchie</b>, Director of Education, Accelerate</li> <li>• <b>Louise Parker</b>, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)</li> </ul>	<ul style="list-style-type: none"> <li>• Registered Nurses</li> <li>• Nurse Associates working in areas such as General Practice, District and Community, Prisons, Dermatology, Vascular services</li> <li>• This list is not exhaustive</li> </ul>	£165 + VAT (£198)



# The programme cont'd

Date	Time	Course	Educators	Who's it suitable for?	Cost
Tuesday 15 July 2025	09:30 - 16:00	<p><b>Introduction to chronic oedema management Workshop</b></p> <ul style="list-style-type: none"> <li>• Develop an understanding of the anatomy and physiology of the lymphatic system, chronic oedema and lymphovenous disease</li> <li>• Increase knowledge about primary, secondary and chronic oedema, the differences, and similarities</li> <li>• Understand more about the use of compression therapy in complex patients, including foot and thigh bandaging</li> <li>• Explore the evidence base for different treatment modalities such as compression bandaging and hosiery</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Rebecca Elwell</b>, Director of National Clinical Services, Accelerate</li> <li>• <b>Kate Williams</b>, Associate Director of Wound Care, Accelerate</li> <li>• <b>Louise Parker</b>, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)</li> </ul>	<p>Learners must already be competent in assessment including Doppler as a pre-requisite to this class.</p> <ul style="list-style-type: none"> <li>• Registered Nurses</li> <li>• Nurse Associates working in areas such as General Practice, District and Community, Prisons, Dermatology, Vascular services</li> <li>• This list is not exhaustive</li> </ul>	£165 + VAT (£198)



# The programme cont'd

Date	Time	Course	Educators	Who's it suitable for?	Cost
Wednesday 16 July 2025	09:30 - 16:00	<p><b>Lower limb management Masterclass</b></p> <p>This is a theoretical day not a practical workshop.</p> <ul style="list-style-type: none"> <li>• Revisit complex wound healing</li> <li>• Explore safe compression therapy in stable heart failure</li> <li>• Discuss medication management within the context of ulceration and swelling</li> <li>• Examine complex pain assessment in leg ulceration</li> <li>• Discuss diagnosis and treatment of unusual aetiologies</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Rebecca Elwell</b>, Director of National Clinical Services, Accelerate</li> <li>• <b>Fran Worboys</b> RGN BSc (Hons) DipN DipHS, Consultant Clinical Nurse Specialist in Tissue Viability</li> <li>• <b>Louise Parker</b>, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)</li> </ul>	<ul style="list-style-type: none"> <li>• Tissue Viability Nurses</li> <li>• Leg Ulcer Specialist Nurses</li> <li>• Experienced District and Community Nurses who wish to take their practice to the next level</li> </ul>	£250 + VAT (£300)



# The programme cont'd

Date	Time	Course	Educators	Who's it suitable for?	Cost
Thursday 17 July 2025	09:30 - 12:30	<p><b>Foot and toe management Workshop</b></p> <ul style="list-style-type: none"> <li>Learn how to assess and manage swollen or wet toes through the appropriate selection and application of toe bandages, foot stumps and or toe caps</li> <li>Learn bespoke techniques for wet and excoriated or ulcerated toes</li> </ul>	<ul style="list-style-type: none"> <li><b>Rebecca Elwell</b>, Director of National Clinical Services, Accelerate</li> <li><b>Katy Smyth</b>, Academy Teacher, Accelerate CIC and RCN GPN Forum Co-Chair</li> <li><b>Louise Parker</b>, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)</li> </ul>	<p>Learners must already be competent in assessment including Doppler as a pre-requisite to this class.</p> <ul style="list-style-type: none"> <li>Registered Nurses</li> <li>Nurse Associates working in areas such as General Practice, District and Community, Prisons, Dermatology, Vascular services</li> <li>This list is not exhaustive</li> </ul>	£75 + VAT (£90)



# Speaker biographies



## **Georgina Ritchie, Director of Education, Accelerate**

Georgina has over 25 years of experience in clinical practice, teaching and learning.

Georgina trained and served as a military nurse within the British Army, serving in mainland UK and on operational duties until 2004, when she moved to the NHS.

She has held roles within the NHS such as Community Staff Nurse, District Nursing Sister and Modern Matron, before coming into education in 2010.

Georgina spent 10 years at The University of Central Lancashire, most recently leading The Family, Community and Public Health portfolio, and has focused specifically on developing education in community and district nursing, as well as leg ulcer/ lower limb care and management, whilst always maintaining an active role in clinical practice.

Georgina is registered as a Community Specialist Practitioner and V300 non-medical prescriber with the Nursing and Midwifery Council and holds a master's degree in education (MEd).

She is passionate about education as a foundation to support confident and competent clinical practice within the fields of tissue viability and lower limb care.



## **Rebecca Elwell, Director of National Clinical Services, Accelerate**

Rebecca, known as Beccy, is a well-known and recognised national leader in lymphoedema.

She is passionate and committed to raising awareness of the potential harm caused to this marginalised community of patients by this condition.

Beccy is a Trustee of the British Lymphology Society (BLS) and a member of the BLS scientific committee. We are delighted that Beccy will be part of the expert panel with you on this day.





# Speaker biographies



**Louise Parker, Senior Lecturer at Leeds Beckett University, School of Health (Facilitator)**

Louise is a District Nurse who joined Leeds Beckett University's School of Health in 2024 as a Senior Lecturer. Louise supports post-registration learners on District Nursing and Non-Medical Prescribing courses. She has a particular focus in the fields of compassionate leadership, lived experience, and quality care that reflects leading with humanity.

Louise has worked in the NHS for most of her career; after leaving intensive care nursing she worked as a District Nurse before becoming a Community Team Leader for an inner city NHS Community Care Trust. Louise is a Queen's Nurse and a registered Professional Nurse Advocate.



**Katy Smyth – Academy Teacher, Accelerate & RCN GPN Forum Co-Chair**

Since qualifying as a registered nurse, Katy has worked in a variety of posts across both primary and secondary care. Her professional interests lie in the community setting, particularly general practice where she worked as a practice nurse for many years. After completing her specialist practitioner General Practice Nurse postgraduate diploma in 2007, she became a practice teacher and avid promoter of educational opportunities within practice nursing, focusing her master's dissertation on the subject area.

Katy taught on the general practice nurse foundation course before taking up a full-time teaching post at the University of Central Lancashire in 2016.

Katy joined the RCN as a student nurse and became a member of the GPN forum committee in January 2017. She is a Queen's Nurse and an active member of her local GPN forum. Kathryn has contributed to a chapter in the 3rd edition of The Textbook of Non-Medical Prescribing (Nuttall & Rutt-Howard, 2020) and has been published in several nursing journals. She is a member of the Association of General Practice Nurse Educators and a Fellow of the Higher Education Academy.



# Speaker biographies



## **Kate Williams, Associate Director of Wound Care, Accelerate**

Kate previously worked at the University of Huddersfield where she was a Senior Lecturer in Tissue Viability for 2 years, and Leeds Community Healthcare Trust where she has worked as a Tissue Viability Nurse Specialist for 12 years.

Kate's reputation as a national leader and teacher in Tissue Viability is well known. She is currently Vice Chair and Treasurer of Legs Matter and a Trustee and Treasurer of the Society of Tissue Viability.

Kate has a special interest in lower limb wounds and antimicrobial stewardship which aligns well with Accelerate's expertise in these areas.



## **Fran Worboys RGN BSc (Hons) DipN DipHS, Consultant Clinical Nurse Specialist in Tissue Viability**

Fran has worked in wound care as a specialist nurse for 25 years, primarily within a community context. As part of the East London Wound Healing Centre, specific knowledge and expertise was gained in managing complex and hard to heal wounds with an increasing emphasis upon the lower limb.

This led to the development of the Accelerate strapping technique, an advanced compression skill. Fran was part of the team that spun out of the NHS in 2011 to form Accelerate CIC, an award-winning social enterprise dedicated to changing lives for people with wounds and lymphoedema. Within Accelerate she held the position of Clinical Director during a time of organisational growth and innovative practice. She has presented at conferences, written and co-authored numerous articles and contributed to best practice guidance.

Fran continues to work with Accelerate, primarily as an educator. She is an advocate of partnership working, both with patients and practitioners to challenge current practice, make a difference and explore how care can be delivered in new and innovative ways.

## **Accelerate**

Centenary Wing, St Joseph's Hospice, Mare St, Hackney, London E8 4SA

020 3819 6022 | [hello@acceleratecic.com](mailto:hello@acceleratecic.com)

[acceleratecic.com](http://acceleratecic.com)

[acceleratecic.com](http://acceleratecic.com)

